



**PUBLIC HEALTH REQUIREMENTS FOR TRAVELERS ENTERING MYANMAR
THROUGH INTERNATIONAL AIRPORTS AND SEAPORTS
(1-9-2023)**

1. Travelers shall submit a Health Declaration Form to the respective health authorities upon arrival to Myanmar. (A legal action will be taken against a traveler, if he or she provides any incorrect information in the Health Declaration Form.)
2. Foreigners shall submit a health insurance to the respective health authorities upon arrival to Myanmar.
(If they can submit the health insurance document from the relevant country, government or internationally recognized insurance companies, they can exempt from purchasing COVID-19 health insurance from Myanmar insurance. If they cannot present any relevant document, they shall purchase the COVID-19 health insurance from Myanmar insurance. Detailed information can be obtained at the Myanmar Insurance's website (<https://www.mminsurance.gov.mm>)).
3. Travelers shall be subject to a thermal screening to be conducted by the respective airport health authorities, upon arrival to Myanmar.
4. If the travelers are found to be symptomatic of COVID-19 at fever screening, they will be tested on COVID-19 by Rapid Diagnostic Test (RDT). If the RDT result is positive, travelers shall be immediately isolated and taken to a medical facility or treatment center or hotel designated by the MOH as per health protocols. The foreigners shall bear the cost of the testing, isolation and medical treatment procedures.
5. Travelers shall report to the respective health authorities, if they have developed signs and symptoms of COVID-19 during their stay in Myanmar.
6. The travelers shall strictly follow the instructions made by the respective health authorities. A legal action will be taken against the traveler concerned, if there is a breach of health regulations.
7. These public health requirements are subject to changes.
8. These public health requirements shall take effect from 1-9-2023/ 00:01 Hour Myanmar Standard Time, and supersede the Public Health Requirements for Travelers Who Wish to Enter into Myanmar through International Commercial Flights (1-7-2023).



PUBLIC HEALTH REQUIREMENTS FOR TRAVELERS ENTERING MYANMAR THROUGH CROSS BORDER POEs (1-9-2023)

1. Travelers shall submit a Health Declaration Form to the respective health authorities upon arrival to Myanmar.
(A legal action will be taken against a traveler, if he or she provides any incorrect information in the Health Declaration Form.)
2. Travelers shall be subject to a thermal screening to be conducted by the respective airport health authorities, upon arrival to Myanmar.
3. If the travelers are found to be symptomatic of COVID-19 at fever screening, they will be tested on COVID-19 Rapid Diagnostic Test (RDT). If the RDT result is positive, travelers shall be immediately isolated and taken to a medical facility or treatment center or hotel designated by the MOH as per health protocols. The foreigners shall bear the cost of the testing, isolation and medical treatment procedures.
4. Travelers shall report to the respective health authorities, if they have developed signs and symptoms of COVID-19 during their stay in Myanmar.
5. The travelers shall strictly follow the instructions made by the respective health authorities. A legal action will be taken against the traveler concerned, if there is a breach of health regulations.
6. These public health requirements are subject to changes.
7. These public health requirements shall take effect from 1-9-2023/ 00:01 Hour Myanmar Standard Time, and supersede the Public Health Requirements for Travelers Entering Myanmar through Cross Border Point of Entry (8-10-2022), the Public Health Requirements for Travelers Who Wish to Enter into Myanmar through Myanmar-China cross border POEs (14-1-2023) and through Myanmar-Thailand cross border POEs (19-1-2023).